

CANARY ISLANDS X DEB CASIMIRO



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Day 1 - Arrival in Gran Canaria and Initial Exploration

- **Morning:** Arrival at Gran Canaria Airport (LPA) and transfer to hotel in Las Canteras Beach.
- **Afternoon:** Walk around the old town of Las Palmas, Vegueta, and Las Canteras Beach to enjoy the local atmosphere and relax after the trip.
- **Evening:** Dinner* at a local restaurant in Las Palmas.

Day 2 - Yoga Class and Slackline

- **Morning:** Outdoor yoga class on Las Canteras Beach after a delicious breakfast.
- **Afternoon:** Walk to El Confital beach and slackline session on-site.
- **Evening:** Dinner in Las Palmas, exploring the local cuisine.

Day 3 - Highline Class at Tamadaba

- **Morning:** Breakfast at the hotel and early transfer to Tamadaba Natural Park for a highline session with Deb Casimiro, enjoying spectacular natural scenery and thrilling highlining opportunities.
- **Afternoon:** Free time to explore the surrounding trails within Tamadaba Natural Park. The area is known for its beautiful pine forests and rugged terrain. Consider the Camino de la Plata trail for scenic views.
- **Evening:** Dinner in Las Palmas.

Day 4 - Rock Climbing Excursion

- **Morning:** After breakfast, travel to La Sorrueda, one of the best rock climbing spots on Gran Canaria.
- **Afternoon:** Half-day session of rock climbing with a local guide.
- **Evening:** Return to Las Palmas and have dinner.

Day 5 - Highline Class at Tamadaba

- **Morning:** Enjoy a hearty breakfast and return to Tamadaba Natural Park for a second highline session. This will provide an opportunity to experience different techniques and views.
- **Afternoon:** Further exploration of the park's hiking trails and scenic viewpoints.
- **Evening:** Return to Las Palmas and have dinner in the city.

Day 6 - Departure from Gran Canaria

- **Morning:** Breakfast and free time for last-minute sightseeing before transferring to Gran Canaria Airport (LPA) for departure.

**Dinners are not included*



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